

Table of Contents

ABOUT THE GENERAL REPORT	2
PART 1: INTRODUCTION TO THE STRIVING STYLES.....	3
What Is the Striving Styles Personality System?	3
What Are Striving Styles?	3
Using Your Whole Brain with the SSPS	4
How the SSPS Works	4
PART 2: THE ROLES OF THE EIGHT STRIVING STYLES.....	5
PART 3: GENERAL INFORMATION ABOUT THE LEADER STRIVING STYLE	8
The Need to Be in Control in Leisure	10
The Need to Be in Control at Work	11
The Need to Be in Control in Relationships	12
The Need to Be in Control in Communication	13
PART 4: SELF-ACTUALIZING (STRIVING) VS. SELF-PROTECTION (SURVIVING).....	14
The Self-Protective vs. the Self-Actualizing Leader.....	16
The Self-Protective Leader	17
The Self-Actualizing Leader	20
Activators of the Leader's Self-Protective System	22
PART 5: DEVELOPING YOUR WHOLE BRAIN.....	24
Using the Information in this Report	24
PART 6: SOME FINAL THOUGHTS.....	29
PART 7: THE CREATION OF THE STRIVING STYLES.....	31
Theories and Authors behind the SSPS.....	31